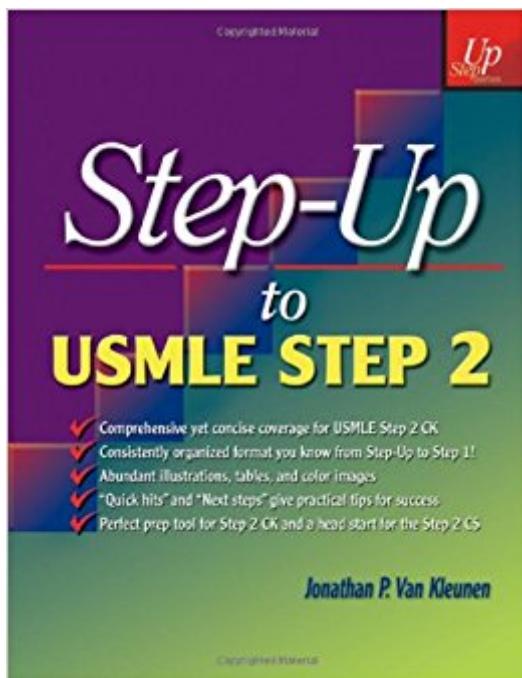


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Step-Up To USMLE Step 2 (Step-Up Series)



Synopsis

This Step-Up Series volume is a high-yield, systems-based, outline-format review of commonly tested USMLE Step 2 material, including internal medicine subspecialties, required clerkship specialties, and important topics in medical practice. The user-friendly format, with numerous tables, illustrations, and flow charts, allows quick review of a vast body of facts. "Quick Hit" marginalia highlight facts likely to be tested. "Next Step" marginalia indicate what the clinician must do next after making a diagnosis. A full-color section illustrates classic presentations of dermatologic and other disorders. This edition includes additional Quick Hits, mnemonics, new illustrations, expanded coverage of ARDS, a new table on breast malignancy variants, and updated vaccination schedules.

Book Information

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Customer Reviews

A perfect addition to USMLE World. Throughout medical school I've developed a tendency to hoard books before actually sitting down to prepare for tests. It's clearly a way to feel mentally well-armed, and is somewhat ridiculous. I bought several books for Step 2 - Crush, Secrets, First Aid, and Step Up to Step 2. I read a few chapters in Crush but it seemed way too simplistic. Secrets is just a list of questions that corresponds to the material covered in Crush. I bought First Aid because I used it for Step 1 - like everyone else - but the book gave me a headache. It reads more like a pastiche of trivia than an organized review book. Despite the scarcity of reviews out there on Step Up to Step 2 I bought it because I LOVED Step Up to Medicine - hands down the most helpful book I used in all

of med school. Step Up to Step 2 isn't nearly as thorough as Step Up to Medicine. At first, it seemed too pared down, but when I started answering USMLE World questions I realized that there was so much that was covered in Step Up to Step 2. It somehow manages to strike the perfect balance. It's digestible yet comprehensive. For such a thin book, it's pretty amazing. Seriously, the book is far superior to the others out there.

I just took Step 2 CK yesterday. I used both this book and First Aid for Step 2 CK and despite the fact that I really liked First Aid for Step 1, I really did not like it for Step 2 and found Step Up to Step 2 to be much more user friendly. With that being said, NO book completely prepares you for Step 2 and I think that regardless of which book you use, you should still do a question bank because a TON of your learning will come from there (I used USMLE World, and the format of USMLE World looked EXACTLY like Step 2 CK did on test day). Some might wonder if First Aid covers more info than Step Up since it is a much longer book, but that seemed to not be the case when I looked at the 2 books. First of all, First Aid has a bunch of info on the front about how to register for the test, etc (much like the step 1 book), and Step Up covers each boards topic much more succinctly than First Aid. If I thought there was some relevant info missing from Step Up to Step 2, I either referenced Step Up to Medicine (which I had used on my medicine rotation) or perused First Aid for Step 2 to see if there was any missing important information.

Step up to Step 2 is basically the concise version of Step up to Medicine. I originally bought Step Up to Medicine because I was ambitious. However, as soon as I started USMLE World, I knew that Step up to Step 2 was a better book as it focused learning towards the boards instead of medicine. Downsides to this book are that the pediatric section is scattered everywhere and that this book is almost 6 years old. However, medicine hasn't changed enough to the point where the information is out of date. This is the book that is used in conjunction with Doctors in Training if you were thinking about using this book. I would recommend this book over First Aid Step 2 (especially the Peds section). However, I will be supplementing my studies (as you should always do) with a lot of step 1 material as well mastering the boards. Remember, a review book does not make or break your score. Question banks are more important but let this book be the foundation for your studying.

I love, love this book. It is just like Step Up to Medicine but more concise. Step Up to USMLE Step 2 is an overview. It is very comprehensive and covers just what you need to know for the test. If you have Step Up to Medicine, you may not want to buy this book because it just repeats things that are

in Step Up to Medicine. There are a couple extra chapters in this book that are not in Step Up to Medicine. Step Up to Medicine is much more indepth than this book. If you want an indepth review of a disease, this is not the book for you.I used this book to study for my family medicine rotation COMAT exam and to study for the boards. I also recommend using this book and Step Up to Medicine to study for COMAT/shelf exams. Just read the chapter on the subject matter of the shelf exam you are taking in each book. This book is great to tell you the essential details of the disease, symptoms, first labs to order, and treatment. It is a **MUST HAVE** for any medical student!!

First off, the only reason I originally purchased this text was because it correlated with a video Step 2 CK study program I was completing. I'm honestly not sure if I would have purchased it otherwise. The text is out-of-date, and I learned from my videos that many facts presented in the text had been proven incorrect since it was published. With my video supplementations, this book was great. The "quick hits" in the margins are great. Some of the mnemonics are not particularly helpful, but that's just my opinion. The organization was logical, and the chapters were very well-detailed. The exception to this would be the peds section, which I found to be lacking in many areas. So in summary, I would recommend this to anyone using a video course requiring you to so. If not, I would definitely supplement at least the peds material when preparing for Step 2 CK.

I chose this book initially because it was very concise (only 322 pages including index, etc etc) and with only a month to study for Step 2, I wanted concentrate on doing questions. The pros for this book: it is very concise and to the point. It explains each syndrome, basic pathophys, h&p, and management. It also has some good algorithms and mnemonics. The bad: Many errors and typos. I've been careful not to completely rely on this book for factual data, but write notes in it according to my other references. Also, many syndromes that I thought should have been included are left out (i.e. not a word about hereditary spherocytosis that I could find). Furthermore, outside of the ones we already know about, most of the mnemonics are kind of random, long, and not very useful (i.e. there's a mnemonic to remember what symptoms occur for the flu) So, if you plan to use this book as a primary study tool, I would not advise it. But, I've found it useful for myself to write notes while doing study questions. Just be careful about the errors/typos.

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